



Avow Texas Advocacy Toolkit

One of the most effective ways you can support the work of abortion advocates is by information-sharing and stigma-busting. This toolkit contains suggestions for actions you can take within your community to help us move towards a world where everyone is trusted, thriving, and free to pursue the life they want.



Our suggestions:

- **Donate to abortion funds.** You can find your local fund at AbortionFunds.org/funds
- **Eliminate abortion stigma from your vocabulary.** Gather a group of friends, family, or community members to read through our [Let's Talk About Abortion Toolkit](#) together and discuss.
- **Share trusted resources, like NeedAbortion.org and INeedAnA.com.** You can request a pack of NeedAbortion.org stickers from Avow Texas and then place them around your community (think bus stops, public restrooms, etc). Bonus points if you gather a group of friends to go out and sticker together.
- **Support people who need abortions!** Be a trusted person who friends and community members can turn to if they need help finding resources, a meal delivered, or a hand to hold.

*And remember:
we're in this
together!*